

Mount Sinai **Mirror**

Winter 2022

UNION FREE SCHOOL DISTRICT

Reflections From Our Schools

www.mtsinai.k12.ny.us

ELEMENTARY SCHOOL



The elementary school held our annual "Hour of Code" event on Monday, December 5th and Tuesday, December 6th. Students participated in fun coding activities led by high school teachers and students to learn more about coding.

ELEMENTARY SCHOOL

4th Grade Journey into Native American Territory

The fourth graders were recently treated to a special Native American presentation called "Journey into Native American Territory." The students enjoyed a day of hands on activities where they had the opportunity to learn about the culture of the Eastern Woodlands Tribes.

Activities included participating in Native American games such as dice and the stick game. The students participated in mock council meetings where they had to choose the student who would be the best choice for a clan leader. They made miniature decoy ducks out of clay and had an explanation of the use and importance of genuine Indian artifacts, such as the clothes and technology the Indians used during that time period.

The presentation brought tremendous excitement to this social studies unit for the children! We would like to thank the PTO for their generous payment for the program.



On Friday, October 20th Mr. Mees and Mrs. Burke from the high school brought their Spanish students to our Pre-K to introduce them to Spanish. The students learned how to greet one another in Spanish as well as the Spanish words for colors and other objects.

ELEMENTARY SCHOOL



Our "Holiday Spirit" week brought lots of creative outfits and hairdos the week of December 19th. Students participated in Red/White Day, Crazy Hat Day, Pajama Day and other themes to lift spirits the week before the holiday break.



The P.E. teachers set up the "Winter Wonderland" in the back gym for the week of December 19th -23rd. Similar to the Halloween setup it was a series of winter themed activities to head into the holiday break.



ELEMENTARY SCHOOL



The Mount Sinai Elementary School Second Graders had a wonderful field trip on December 1st to Theater Three! The classes watched a fantastic production of "A Christmas Carol". They were mesmerized by a beautiful set, amazing special effects, and top-notch acting as the story of a grumpy, old Scrooge learned the meaning of Christmas. After visits from his old pal, Jacob Marley and three very different ghosts, Scrooge realizes that it's much nicer to embrace the kindness and love of others and share them in return! The students had the opportunity to participate in a question and answer session with the actors after the play. They found out all about how the children actors balanced the responsibilities of school and acting, how the Ghost of Christmas Future moved, and how the stage changed from his lending house, to his house, to the city street. It was a wonderful day that ended with a pizza lunch at school!

Grinch Day

2nd Grade had their annual "Grinch Day" with crazy hair and fun activities on December 9. All of the classes reads stories, made crafts and had a fun Grinch Day.



Artist

November and December



Yunglin Chi



Yufei Du



Valentina Monte

Musician

November and December



Christian Barone



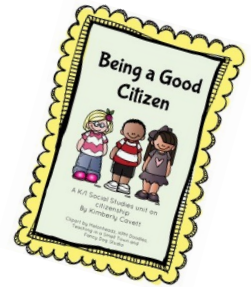
Nina Falco



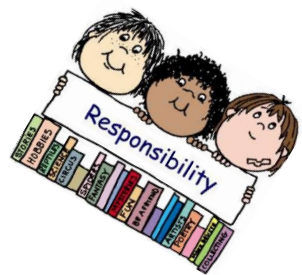
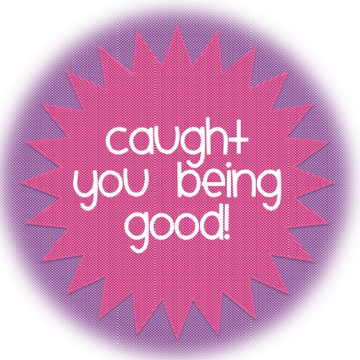
Bolaji Gold



November

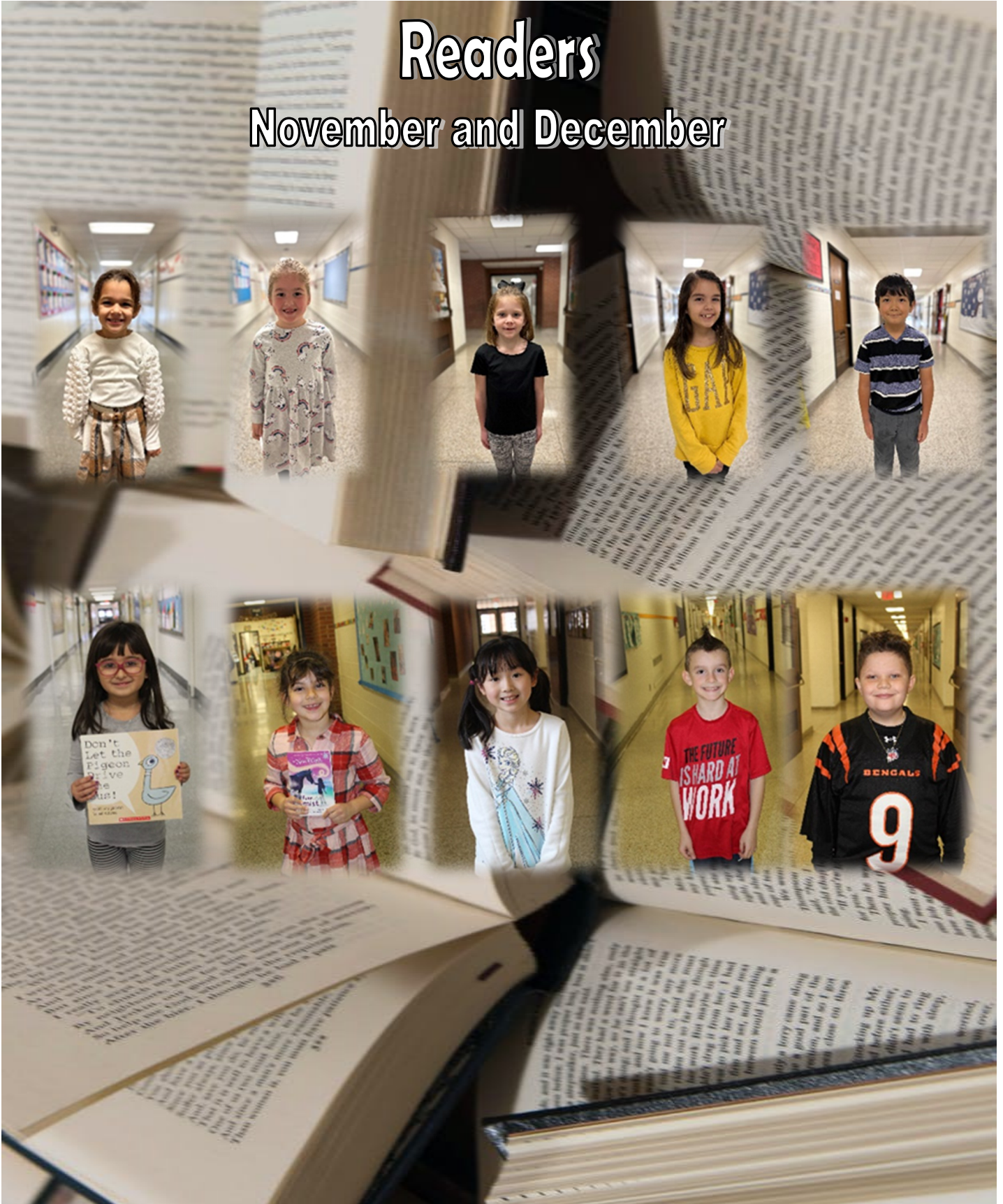


December



Readers

November and December



Writers

November and December



MIDDLE SCHOOL

SCIENCE LAB

Students in Mrs. Anderson's Grade 7 Science class participated in a lab activity to explore the 4 blood types and their compatibilities. Each blood type was represented by a different color liquid. Students mixed the liquids to determine if a transfusion would be safe or not.



Haley Wesnofske, Delaney Ramos, and Laila Delaney



Sean Kit, Jake Imwalle, and Max Snider



Nathaniel Hart, Noah Sadlofsky, and Jordan Sadlofsky



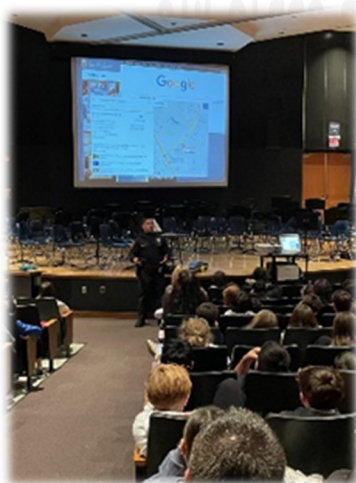
The Hour of Code is a global movement during Computer Science Education Week, to reach millions of students through a one-hour introduction to computer science. On Thursday, December 8th, students at the middle school participated in fun tutorials led by Mr. Ruhoy and assisted by the high school's Computer Club and STEM Club members.



MIDDLE SCHOOL



5th Grade Social hosted by Student Council



Officer Karl Allison, from the SCPD Community Relations Bureau, visited the Middle School today to teach students about internet safety. He spoke about popular social media apps, teaching students how to use them safely and what to do in certain situations to protect themselves and make good choices.

Students in Mrs. Marcello's Family & Consumer Science class got to use wonton wrappers in a new way... Taco Cups. They layered the wontons with seasoned chopped meat and some shredded cheese. After they baked them, students topped them off with sour cream and olives. They started to envision variations of this recipe and couldn't wait to make them at home. Success in the kitchens!



Cali Gabrielson, Mrs. Marcello, & Sophia Galindo



Dylan Zahra



Anna Mankuta, Leah Caravello, & Madison Kelly

ART PROJECTS



Winter Concert Series



5th grade orchestra



6th grade chorus



5th grade chorus



7th & 8th grade orchestra



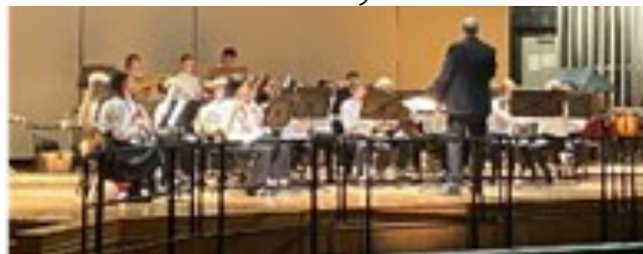
5th grade band



7th and 8th grade chorus



6th grade orchestra



8th grade band



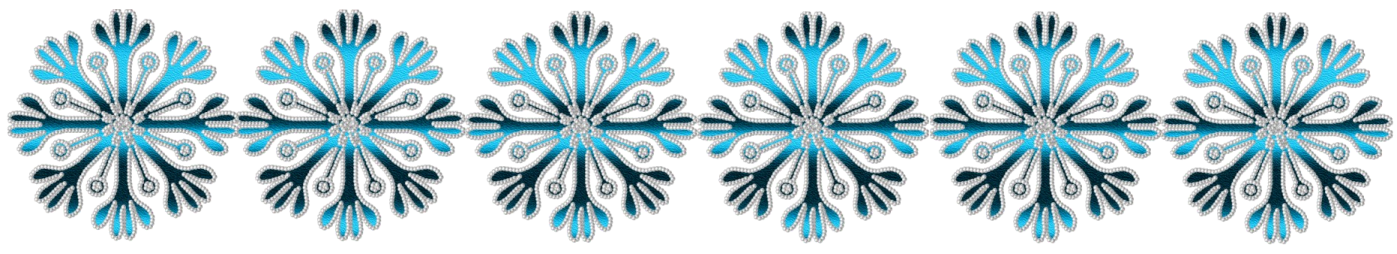
and kindness campaign



As part of the Random Acts of Kindness project, the Community Outreach and Service Clubs made cards to show their respect and admiration of our IT department here in the middle school. The Random Acts of Kindness project will continue throughout the year to recognize the hard work and dedication of the many departments who support our school.

Mrs. Markowitz's social studies class

Mrs. Markowitz's Social Studies classes had a special visitor today. Miss Blaney (Mrs. Markowitz's student teacher) creatively developed a colonial puppet to introduce the settlements of Jamestown and Plymouth. His name is James P. Town. He helped students determine the successes and failures of each settlement while high-fiving students along the way. He was a hit!



STUDENT AND CITIZEN RECOGNITION

December

Student's Name	Subject
Michael Niegocki	Grade 5
Eli Recuperero	Grade 5
Eva Urbinati	Grade 6
Adetola Gold	Grade 6
Antonella Osso	Art
Lyla Giarizzo	English Language Arts
Savannah Kirschner	LOTE
Cali Gabrielson	Math
Nolan Puccio	Music
Jacob Mendelson	Physical Education/Health
Connor Enxuto	Science
Akira Lo	Social Studies
Laila Delaney	F&CS
Samuel Dubey	Reader of the Month – Gr. 5
Rebecca Delacruz-	
Ceron	Reader of the Month – Gr. 5
Sophie Schuler	Reader of the Month – Gr. 6
Aiden Alessi	Reader of the Month – Gr. 6
Liana Wang	Reader of the Month – Gr. 7
Caylee Daderian	Reader of the Month – Gr. 8
Zoe Dimitratos	Writer of the Month – Gr. 5
Humza Usman	Writer of the Month – Gr. 5
Bradley Hirst	Writer of the Month – Gr. 6
Gianna Manzione	Writer of the Month – Gr. 6
Gia Turnquist	Writer of the Month – Gr. 7
Brooke Melander	Writer of the Month – Gr. 8



Student's Name	Gr
Mackenzie Wall	5
Benjamin McNally, Kate Lehman & Alex-	5
Adilyn Tulinski	5
Emily Arita, Avery Pescatore, Ava Cio-	5
frone, & Dylan Gandarillas	
Aiden Brower	6
Nicholas Pramataris	7
Noah Monaco	7
Bella Falco & Kyleigh Hertz	8
Brody Gagnon & Tyler Martin	8

HIGH SCHOOL



On Saturday, November 26^h, Mount Sinai High School's SADD club hosted the 11th Annual Turkey Trot to benefit Holiday Magic. Holiday Magic is a non-profit organization that supplies holiday gifts for needy children across Long Island. For the past 24 years, Mount Sinai SADD has shopped for this great organization.

With Mother Nature providing a beautiful day, 350 runners descended on the high school campus ready to burn off their Thanksgiving meals. The participants included a nice mix of students, parents, staff and community members who ran, trotted, and walked the challenging course. Trophies were given out to the top male and female runners,

while medals were awarded to the top 3 runners in 13 different age groups.

As a result of the massive turnout, donations, and generous sponsors, Mount Sinai's SADD will present Holiday Magic with a check close to \$6000. This money will bring holiday smiles to many less fortunate children on Long Island. SADD's 23rd annual shopping trip will take place on December 9th, when the students will invade Walmart and the Smithaven Mall with lists from Santa. If anyone would like to donate to Holiday Magic, please visit www.holidaymagici.org. We look forward to seeing you next year at Turkey Trot 2023.

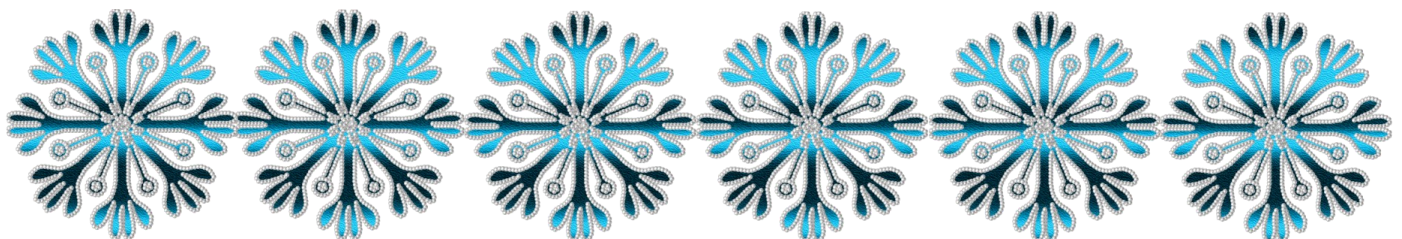


HIGH SCHOOL



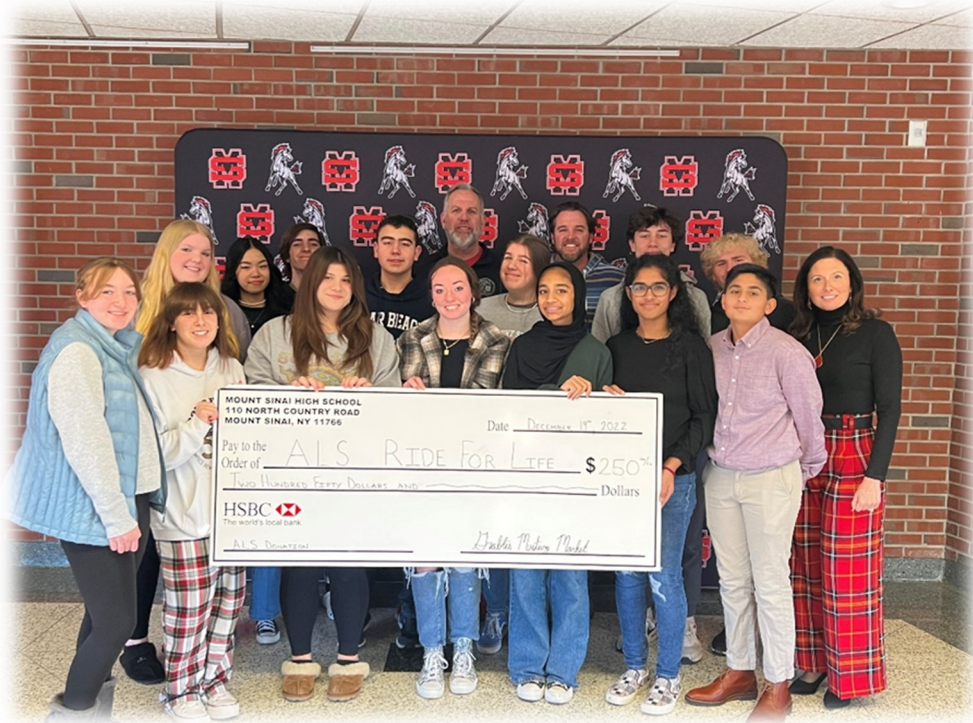
Mount Sinai High School's SADD (*Students Against Destructive Decisions*) and **Holiday Magic** combined for their **24th** year as a team devoted to making the holidays magical for children across Suffolk County. Holiday Magic, headed by Charlie "Santa" Russo, is a non-profit organization that dedicates itself to making the holidays special for less fortunate children and their families. On December 9th, with 100 Santa lists in hand and \$7500 in cash from Holiday Magic, the SADD students descended on Walmart and the Smithhaven Mall in search of the requested gifts. With the help of a donated truck from RTI Trucking, the gifts were delivered to the North Pole for wrapping. As always, SADD's goal was to show these children that the community does care, which in the future will hopefully prevent them from making "destructive decisions."

Making this year's shopping event even more special was the fact that Mount Sinai High SADD presented Holiday Magic with a check for **\$6000** from the proceeds of the **2022 Turkey Trot**. It was simply magic! If you would like to donate to Holiday Magic, please visit www.holidaymagicli.org. **Get ready for next year!**



Ride4Life

Grable's Mobile Mustang Market proudly supports the ALS Ride for Life initiative in hopes to one day, strike out ALS. The student-based staff has worked hard this school year to provide top quality products at affordable prices. In addition to raising money for the student body as a whole, the Mustang Market prides itself on giving back to our community. The late Chris Pendergast has left an indelible mark on the members of our community and it is an honor to support his foundation.



The **Interact Club** worked tirelessly to collect items during the holiday season. Here are some of the wonderful things our members and their families did to support our community. Thank you to all of our students and families who participated to make this holiday a wonderful to others in need.



Many items were collected for Blankets for Buster. They deliver items collected to shelter dogs and cats. We made many of our furry friends cozy and happy with toys, blankets and treats.



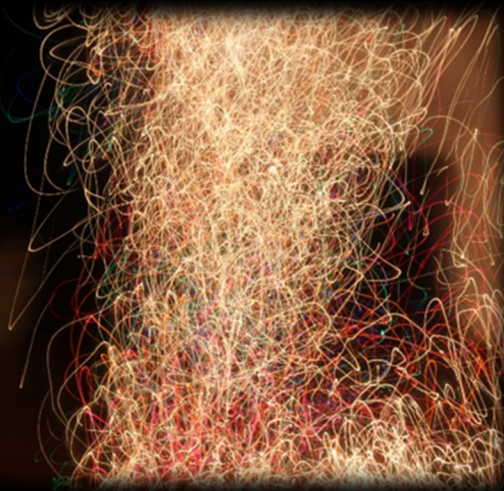
As a way to give to our own, we adopted a Mount Sinai family in need for the holidays. We collected many Christmas gifts for two young children and contributed to a wonderful holiday for them.



HIGH SCHOOL



Students in Ms. McGrath's Photography 1 class practiced adjusting shutter speed with the school cameras and their iPhones to create "light painting" images. Students got creative, moving a light source to highlight an object or each other while taking a long exposure photograph. They practiced adjusting shutter speeds as long as 30 seconds to as fast as 1/3000 of a second! Students also learned how to further stabilize their cameras using a tripod during the process.



STUDENTS OF THE MONTH

November



STUDENT NAME	SUBJECT	GRADE
Cameron Begue	Art	12
Dylan Maher	Business	10
Alexander Fares	Computer Science	10
Payton Begue	English	10
Sophia LaStella	Family and Consumer Science	11
Olivia Deng	Foreign Language	9
Taylor Cline	Math	12
Aidan Passaro	Music	11
Kassia Bono	Physical Education	11
Stephanie Sheehan	Physical Education	11
Venus Dong	Science	10
Alexa Bolen	Social Studies	11
Austin Lally	Technology	12

December



STUDENT NAME	SUBJECT	GRADE
Kiera Klug	Art	10
Karissa McGuire	Business	12
Victor Frank	Computer Science	10
Daniel Gruenthal	English	10
Hannah Strom	Family and Consumer Science	10
Matteo Del Poeta	Foreign Language	10
Mason Insalaco	Health	12
Tyler Massari	Math	9
Stephanie Sheehan	Music	11
Anna Wolchak	Physical Education	12
Brian Kaler	Science	12
Mackenzie Kiernan	Social Studies	10
Brandon McCrave	Technology	12

SCHOLAR/ATHLETE FALL TEAM AWARDS

The New York State High School Athletic Association has recognized Mt. Sinai High School Varsity athletic teams for achieving academic excellence 75% of the team maintained a total combined GPA of 90% or greater while actively participating in Varsity level interscholastic athletics during the 2022-2023 fall season.



Football
Boys Golf
Boys Cross Country
Girls Cross Country
Girls Tennis
Girls Soccer
Boys Soccer
Girls Volleyball
Cheerleading
Girls Independent Swim

Congratulations
BRAYDEN FAHRBACH

Brayden won the prestigious Eastern States Tournament held the weekend of January 14th /15th. This event hosts the "BEST OF THE BEST" wrestlers from 153 schools, and 6 states.

Brayden was Mt. Sinai's first champion in this tournament. Congratulations Brayden!



Athletics

PLEASE NOTE: Visit www.mtsinai.k12.ny.us ; go into high school and or middle school and click on Athletics: For current Athletic Schedules, directions, forms and other information.

VERY IMPORTANT: On the Athletic Website are links and updated information (as shown below) regarding the College Bound Student Athlete

Keeping track of core courses required by the NCAA is the parent and student's responsibility. Please refer to the quick reference sheet when choosing your son/daughter's courses they plan to take each year.

* Please note High School credits taken in Middle School will not satisfy core course requirements.

Students must apply to the NCAA Clearinghouse the summer after their Junior year. They can do this by going online to www.ncaaclearinghouse.com. Authorization for release of records must be submitted to guidance upon applying to the clearinghouse.

It is the student's responsibility to send their SAT scores through www.collegeboard.com. The CEEB code is 9999.



We are moving to an online platform, Rank One for athletic paperwork/physicals this year. I hope in doing this, it will be more convenient for the parents as well as the coaches. Please see below the step by step instructions on how to ensure your child is eligible to participate in sports this upcoming 2022-2023 school year.

Online Forms (rankonesport.com)

- To access the online forms, select "Proceed to Online Forms" below.
 - You will then be prompted to create a Parent Account or Continue as Guest to complete the online forms.
 - Click [HERE](#) (PowerPoint instructions online) for instructions on how to create a Parent Account.
 - In order to complete the forms, you may be asked to provide your student's ID number and/or Date of Birth along with other demographic information.
 - If you have any questions, please contact the athletic department.
2. All Athletes must complete the electronic forms to be cleared for sports participation: The required forms are – Athletes Contract, Emergency Contact and Health History. An email confirmation upon the successful submission of each form will be sent directly to you.
 3. It will be necessary to provide a hard copy of the Physical Examination form to the Nurse in the school your child attends. Physical examination forms must be dated and signed by a physician. Physicals must be completed after June 1, 2022 for the 2022-2023 school year. All other documents can be completed electronically.
 4. Please allow approximately four days for the nurse to clear your child for participation.

Coming March 23-25

The Mount Sinai Music Department

Presents

more details to follow



Seussical

The Musical

