

Mount Sinai

Mirror

Spring 2023

UNION FREE SCHOOL DISTRICT

Reflections From Our Schools

www.mtsinci.k12.ny.us

ELEMENTARY SCHOOL



This year our first graders celebrated 101 days of learning and fun! We kicked off the day with a 101 Dalmatians 'watch party' and kept the fun going with lots of writing, math games, and crafts centered around the number 101. The children really got into the spirit by dressing in black and white dots to celebrate our first Dalmatian Day!



Happy
100
Days!

CALEB SMITH STATE PARK

Third Grade Students filed trip to Boces Outdoor Learning Lab at Caleb Smith State Park and Preserve. The day included a nature hike, bird study stations and an owl pellet dissection.



Flat Stanley

For the second year the library has a Flat Stanley research project in Flat Stanley visited New York state. Some of the students took Flat Stanley on vacation during the Winter Recess break.

Below are pictures of some students taking Flat Stanley on vacation.



P.S. I Love You

This year, on February 10th, Mount Sinai School District joined a long list of participating schools in celebrating *P.S. I Love You Day*. *P.S. I Love You Day* is held every February, and is a day meant to remind everyone to foster kindness throughout the year by spreading positive messages that make one another feel special and loved, and to remember that mental health is as important as physical health.

This year's theme, ***Love All Your Chapters***, reminded everyone that life is filled with events that are often happy but sometimes challenging; all of these moments are like chapters in a book that create our story. All of these chapters make us who we are and we have the power to write our next chapter.

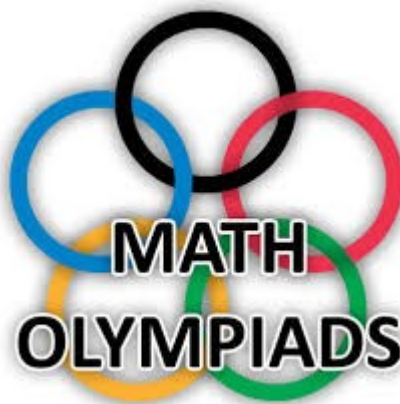
On this day everyone was encouraged to wear purple. The elementary students wrote positive messages about themselves on purple hearts. These hearts decorated the halls in a sea of purple. The students were also given purple bookmarks as a reminder of a special chapter in their lives. The goal of this day was to empower our students to believe in themselves, to learn from mistakes, be proud of successes. Love All Their Chapters!

We look forward to celebrating again next February!



ELEMENTARY SCHOOL

The Elementary School celebrated Dr. Seuss' birthday with a Spirit Week. Students wore red and blue and dressed in crazy hats amongst other ways to celebrate the famous author's birthday during the first week of March.



Math Olympiads aim is to foster an interest in math and improve the mathematical skills of participants through team-based competitions. There is a level for students in grades 4 through 12. The questions asked in Math Olympiads are multistep type problem solving. They are of a higher level than those in the student's current grade. Further, the problems can be anything from pre-calculus mathematics.

ELEMENTARY SCHOOL



Soup a Bowl



During the week of the Superbowl I have the students donate canned goods into boxes that are labeled with either Kansas City Chiefs or Philadelphia Eagles. The students place their canned goods into the box of the team that they think will win the Super Bowl! On Friday afternoon there is an announcement of who the majority of the school thinks will win. All of the canned goods will be donated to the Hope House Ministries in Port Jefferson.



January

February





Emily Alarcon

Artist

January & February



Tessa Reynolds

Musician

January & February



Mia Servello



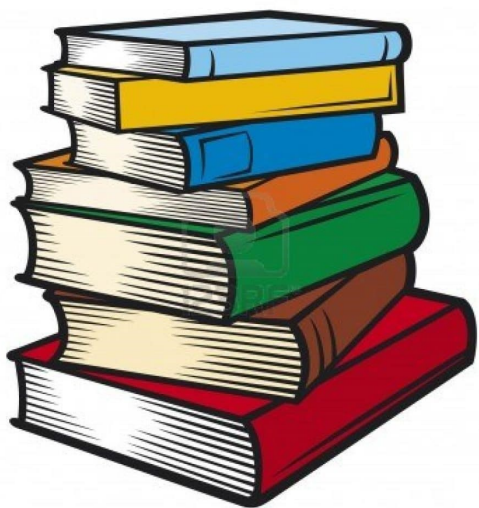
Elizabeth Califano

Readers

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Writers

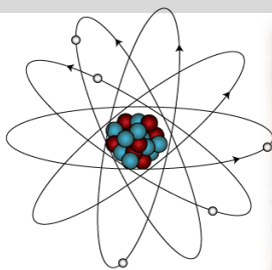
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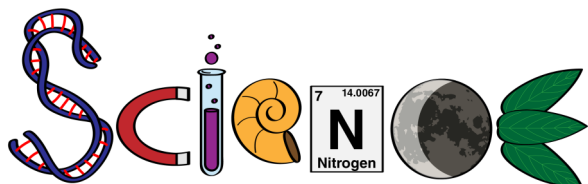
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Science in Room 211



Students in Ms. Gulli's 5th and 6th grade class learned about Reducing, Re-using, and Recycling as a means to help save the environment and conserve limited resources. They used their 1:1 device to create digital informational posters as seen in picture below.



Bottom row (sitting): Daniel Gleason (6th) and Luke Buckhout (6th)

Top row (standing): Noah DiGiglio (5th), Travis Calandrino (6th), Paul Ortolani (5th)

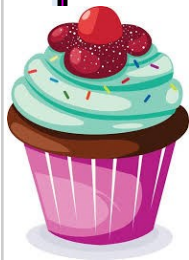
EARTH SPHERES



Students in the 5th grade created dioramas to illustrate their knowledge of Earth's Systems and the four spheres, which are known as the Geosphere, Biosphere, Hydrosphere and Atmosphere. Students created a model showing all four spheres and examples of how they interact with each other. To conclude the project, the student presented their models to the class.



Cupcake Art



Students in Ms. Stump's Grade 6 Art classes created sweet treats that incorporated a number of drawing techniques that included grid drawing to practice and drawing from observation. Students used stippling to create the illusion of form, which makes their cupcake look three-dimensional. Stippling is a technique that uses the concentration of small dots to add VALUE in black and white pen and ink drawings. The more dots that are closely placed together, the darker the value, while fewer, spaced-out dots create a lighter value. Adding value to a drawing can help create the Illusion of form, or a more three-dimensional look, making the drawing look more realistic.



Emoji Pillows

Mrs. Marcello's students made pillows. After learning many different stitches, they put all their sewing skills to work. The results are a variety of adorable pillows.



Golden Birdie

This year Ms. Linnen's 5-7th grade classes participated in the 2023 Golden Birdie Tournament. Students were paired up and double teams were made. Teams worked their way across the bracket, until there were two final teams. Handshakes were given after games, and encouraging words were expressed by teammates by saying "good job". Ms. Linnen used retired equipment and upcycled materials to make hand-made trophies. Trophies were awarded to the winning team and the individual player of each class who had the most hits during performance testing.



STUDENT AND CITIZEN RECOGNITION

January

Student's Name	Subject	Grade
Mila Dnyprowsky	Grade 5	5
Sophia Delaney	Grade 5	5
Brady Daniewicz	Grade 6	6
Gigi Barone	Grade 6	6
Nicholas Pramataris	Art	7
Oumema Bouallagui	English Language Arts	7
Nathaniel Hart	LOTE	7
Annie Clark	Math	8
Matthew Rossman	Music	6
Ruth Tran	Physical Education	7
Olivia Genao	Science	8
Danny Chen	Social Studies	8
Sofia Vardaro	Technology	8
Lukas Palmese	Reader of the Month – Gr. 5	5
Sabrina Bonanno	Reader of the Month – Gr. 5	5
David Bilski	Reader of the Month – Gr. 6	6
Alia Esen	Reader of the Month – Gr. 6	6
Giorgia Gounaris	Reader of the Month – Gr. 7	7
Lilianna West	Reader of the Month – Gr. 8	8
Alexis LaRusso	Writer of the Month – Gr. 5	5
Daisy Marrero	Writer of the Month – Gr. 5	5
Sophia Bisceglie	Writer of the Month – Gr. 6	6
Colton Merz	Writer of the Month – Gr. 6	6
Bella Chen	Writer of the Month – Gr. 7	7
Sara Rahman	Writer of the Month – Gr. 8	8



Name	Gr
Alejandro Acosta	6
Julianne Oakes	6
Kodye Dillon	8
Lucas Pitello	8



February

Student's Name	Subject	Grade
Ian Rosario	Grade 5	5
Anthony Sing	Grade 5	5
John Regazzi	Grade 6	6
Erik Bobrowsky	Grade 6	6
Raymond Zheng	Art	7
Kirill Kayran	English Language Arts	7
Natalie Banka	LOTE	8
Delaney Ramos	Math	7
Mayia Staudt	Music	8
Nicholas Norberg	Physical Education	6
Nathaniel Hart	Science	7
Quintin Bausenwein	Social Studies	8
MiaVanessa Milicia	F&CS	7
Levi Dubey	Reader of the Month – Gr. 5	5
Letitia Chen	Reader of the Month – Gr. 5	5
Giorgio Carrion	Reader of the Month – Gr. 6	6
Anthony Falco	Reader of the Month – Gr. 6	6
Rilynn Bernstein	Reader of the Month – Gr. 7	7
Brianna Javier	Reader of the Month – Gr. 8	8
Katharine Lehman	Writer of the Month – Gr. 5	5
Santino Candurra	Writer of the Month – Gr. 5	5
Jacob Mizrahi	Writer of the Month – Gr. 6	6
Keira Legge	Writer of the Month – Gr. 6	6
Jake Bergold	Writer of the Month – Gr. 7	7
Antonio Bustamante	Writer of the Month – Gr. 8	8



Name	Gr
Zoe Dimitratos	5
Nolan Marino	5
Gabrielle Surdi	5
Michael Masone	5
Alexander Malizia	5
Evan Osborn	5
Thomas Homan	5
Iliana Dimitratos	8
Kodye Dillon	8
Madeline Regatero	8



AP Studio Showcase-All County and Senior Show

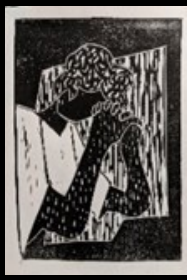


Students (left to right) Phoenix Clarke, Angelina Aversano, Matteo Spotorno, Lorena Toro (not photographed) have been selected to showcase artwork at the

SCALA (Suffolk County Art Leaders Association) All County and Senior Scholarship Show.

The reception will be held at Babylon Old Town Hall on Saturday February 11, 2023 from 1pm-3pm.

Select students from Suffolk County grades 9-12 will be on exhibit from February 11- March 7. The work of the students from Mount Sinai High School have shown great dedication and talent. It is with great pleasure to honor them with praise and admiration for their ongoing efforts.



MATTEO SPOTORNO, SCHOLARSHIP NOMINEE



LORENA TORO, ALL COUNTY



PHOENIX CLARKE, ALL COUNTY



ANGELINA AVERSANO, ALL COUNTY

**GO APE – EXHIBITING IN THE ART LEAGUE OF LONG ISLAND’S
JEANIE TENGELSEN
GALLERY**



Artists' Reception and Awards Presentation

Saturday, February 18, 2022

1:00pm-3:00pm

This is the 16th Annual Art League of Long Island's "GO APE" exhibit that celebrates the exceptional artwork of select students participating in Advanced Placement Art. The gallery will be showcased from Saturday February 4-18, 2023



Robert M. Grable Jr. Mount Sinai High School

Art Field Trip to the Metropolitan Museum of Art

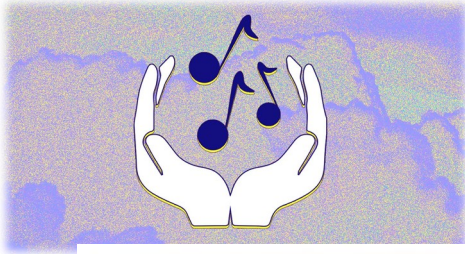
Friday February 17, 2023

Students of art classes were selected to visit the Metropolitan Museum of Art, The MET, located in New York City. The experience included coach bus transportation, dining at the MET, and a day of viewing the museums most prestigious exhibitions. This trip could not have been as successful if it wasn't for our incredible crew of students eager to walk the many halls and take in the vast art history and visual journey through the ages. Our chaperones, Victoria DiPierro, Matthew Seery, Meghan McGrath, and Andrea Morganelli were truly impressed to see our group not only appreciate a day trip, but lead with such maturity and respect while spending time.

Thank you to the support of parents for allowing your child to attend and I look forward to future trips for our Art Department and students alike.

-Andrea Morganelli

HIGH SCHOOL



Musicians helping Musicians

During the week of March 20th, the high school students helped tune 4th grade instruments, demonstrated proper posture, technique, and sight-reading skills, provided positive feedback and offered words of encouragement to the young musicians. The Elementary students were also given the opportunity to ask questions about the middle school and high school music programs. It was an inspiring experience for all involved!



Tri-M Music HONOR SOCIETY

March is "Music In Our Schools Month." To help celebrate, members of the Tri-M National Music Honor Society acted as *musician mentors* at the Elementary School during the fourth-grade ensembles' rehearsals.



HIGH SCHOOL



Members of the Mount Sinai High School Jazz Choir will be making their Carnegie Hall debut on Sunday, April 2. The students will be performing in the Distinguished Concerts International New York (DCINY) Total Vocal Concert under the direction of Deke Sharon. The students would like to thank their parents, the high school administration, Student Government, and the Friends of the Arts for all their support in helping us get to Carnegie

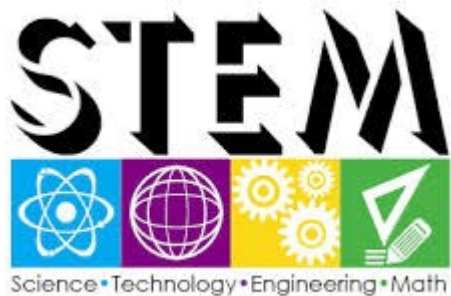


From March 2nd-4th, the Robert M. Grable Jr. Mount Sinai High School's Model UN club participated in the Global Citizen's Model UN Conference in New York City. Alexa Bolen, Matteo DelPoeta, Alexander Fares, Airas Farrell, Tabish Farrell, Bhavneet Ghuman, Jean Garin, Emma Laraque, and Robert Vales each represented a different United Nations country, such as Italy, Switzerland, Greece, Sweden and Spain. As delegates, they met in committees with over a thousand students from all over the world to draft proposals on how to resolve the following global issues: right to life and patient self-determination, human trafficking, and the threat of improvised explosive devices.

Students spent the first two days at the Sheridan Hotel in Times Square learning United Nations terminology, working diligently on draft proposal papers, and voting on clauses to be added to the draft. On the third day of the conference, students had the amazing opportunity to spend the day at the United Nations Headquarters sitting in the actual seats as their real-life United Nations counterparts. The students were able to vote on their final resolution paper using the same method as the real delegates. At the end of the day, we were able to hear from two keynote speakers: Ambassador Maurizio Massari, Permanent Representative of Italy to the United Nations, and Martin Luther King III, eldest son of Martin Luther King Jr. and Coretta Scott King. All students walked away with an award, and as a school, we won Best Small School Delegation. Congratulations to all those who participated!



HIGH SCHOOL



Have you ever wanted to spend time with likeminded peers who have a thirst for science, technology, engineering, and math? Then you should join the STEM club. From working with the elementary and middle school students for the hour of code, to designing a life size knock hockey game, STEM club is a place for exploration. Most recently, in celebration of Valentine's Day, we built a heart out of soda bottles and straws. As St. Patrick's Day arrives, we will explore properties of light and the formation of rainbows. We are even looking into collaborating with the Stony Brook Institute for STEM and the DNA Learning Center at the Cold Spring Harbor Lab. We can engage in labs with real scientists to learn about electric and magnetic fields, bacterial transformation, or solve a crime with restriction fragment length polymorphism analysis. Stop by on Thursdays after school in room 203, all are welcome!



In the month of February, SADD ran its annual **Love is Respect** campaign. This yearly event shines the light on preventing dating violence amongst teens. Throughout the week before Valentine's Day, SADD shared some powerful facts about teen dating violence. The announcements included the *10 Warning Signs of Teen Dating Abuse* and various startling facts about the prevalence of this type of abuse. In an effort to spread the message, SADD members handed out paper hearts and posted Love is Respect signs throughout the building. Mount Sinai SADD also suggested that all students and staff be their own valentine. That's right, your own Valentine! The importance of self-care is more important than ever, so do something nice for yourself. Take a nap, eat a chocolate chip cookie, or take the dog for a walk. Make sure you always listen to your mind and body. You deserve it!



HIGH SCHOOL

SENIOR

→ class trip

124 seniors and chaperones recently returned from a fun-filled trip to Orlando, Florida. Groups including McGuire's Monsters, Lynch's Lions, Pram's Posse, Izzo's Incredibles, Izzo's New Groove, Finding Feretics, Romeos and Juliets, Dyroff's Dalmatians and Tappin's Tots spent very little time sleeping and lots of time enjoying the rides and attractions at Universal Studios and all four Disney parks.

We couldn't have asked for better weather or a more rewarding bonding experience for our graduating seniors. As they look back on their years at RMG MSHS, this memory is sure to stand out!



HIGH SCHOOL



The 21st Annual Battle of the Educators took place on Friday, March 3, in the high school gymnasium. The capacity crowd was truly entertained by those staff members that competed in this fun filled event. Several staff members wowed the crowd with their dribbling skills, crafty passing, and long-range shooting ability. This was a true “battle” with several players diving for loose balls and contesting for rebounds. The team in black, comprised of mostly high school staff, came out victorious, but everyone went home a winner; especially the Booster Club, who sponsored the event. The Booster Club uses this fundraiser in turn provide scholarships and many other opportunities for our student-athletes.



Long Island string festival Association

On March 19th, 2023 members of our High School String and Concert Orchestras participated in this year's LISFA Chamber Festival, held at Islip Middle school. The students were sophomore violinists, Erika Lo and Carrie Wang.

Carrie and Erika prepared J.S. Bach's Concerto in d minor for Two Violins, also known as, "The Bach Double." The festival offered workshops and chamber coaching from members of the Bryant Park Chamber Players. Our students gained insights and strategies from these professional musicians on how to embody the true "character" of a piece. They worked on developing story lines and imagery which can help a musician express more fully, in efforts to create more affect for the listeners.

The day ended with each student group performing their piece and a final piece performed by the Bryant Park Chamber Players.



STUDENTS OF THE MONTH

January

STUDENT NAME	SUBJECT	GRADE
Jake Celauro	Art	11
Abigail Ryan	Business	11
Zackary Kunzler	Citizenship	10
Erika Ferdinand	Computer Science	10
Phoenix Clarke	English	12
Klara Schestakow	Family and Consumer Science	10
Emma Brower	Foreign Language	9
Thanvika Palukuri	Math	11
Michael Flamme	Music	12
Victoria Acosta	Physical Education	10
Jean Garin	Science	11
Payton Begue	Social Studies	10
John Perrotta	Technology	11



SCHOLAR ATHLETE

The New York State High School Athletic Association has recognized Mt. Sinai High School Varsity athletic teams for achieving academic excellence 75% of the team maintained a total combined GPA of 90% or greater while actively participating in Varsity level interscholastic athletics during the 2022-2023 fall season.

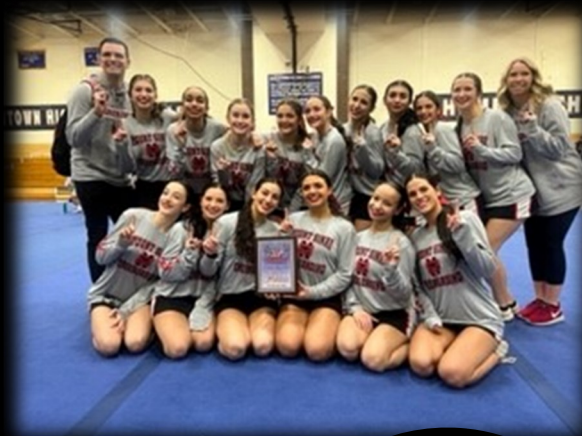
- Football
- Boys Golf
- Boys Cross Country
- Girls Cross Country
- Girls Tennis
- Girls Soccer
- Boys Soccer
- Girls Volleyball
- Cheerleading



Congratulations to Amanda Audia and Thomas Frycek for being selected as Mount Sinai High School's recipients of the 2022- 2023 Suffolk Zone Award for Health, Physical Education, Recreation and Dance. This honor has been earned as a result of their exceptional physical performance in fitness and outstanding achievement in Physical Education. Each high school in Suffolk County selected one female and one male senior to receive this Suffolk Zone Award.



*Mt. Sinai Varsity Cheerleaders
NYS Champions &
Suffolk County Co-Champions*



*BRAIDEN FAHRBACH 132 LB
SUFFOLK COUNTY CHAMPION
NEW YORK STATE - WRESTLING D19 CHAMPION*



<https://www.newsday.com/sports/high-school/wrestling/tommy-aiello-brayden-fahrbach-wrestling-i2ep389i?fbclid=IwAR3kibEi8c4iSSrJwP19V9KpUG8Fbixqy1wKGeMthNAJQLMdBxaz1165wao>



Boys Winter Track League V Champions



Boys Varsity Basketball League IV Champions

Congratulations

www.funimada.com





Girls Winter Track League V Undefeated Champions



CONGRATULATIONS TO OUR WINTER SEASON COACHES OF THE YEAR

COACH RYAN McNEELY - BOYS BASKETBALL LEAGUE AND DIVISON COACH OF THE YEAR

COACH MATT DYROFF - BOYS BASKETBALL JV COACH OF THE YEAR

COACH ERIC GIORLANDO – BOYS WINTER TRACK COACH OF THE YEAR

COACH BILL DWYER – GIRLS WINTER TRACK COACH OF THE YEAR

PLEASE NOTE: Visit www.mtsinai.k12.ny.us ; go into high school and or middle school and click on Athletics: For current Athletic Schedules, directions, forms and other information.

VERY IMPORTANT: On the Athletic Website are links and updated information (as shown below) regarding the College Bound Student Athlete

Keeping track of core courses required by the NCAA is the parent and student's responsibility. Please refer to the quick reference sheet when choosing your son/daughter's courses they plan to take each year.

* Please note High School credits taken in Middle School will not satisfy core course requirements.

Students must apply to the NCAA Clearinghouse the summer after their Junior year. They can do this by going online to www.ncaaclearinghouse.com. Authorization for release of records must be submitted to guidance upon applying to the clearinghouse.

It is the student's responsibility to send their SAT scores through www.collegeboard.com. The CEEB code is 9999.

For further information, worksheets, requirements etc. please go online to www.ncaastudent.org